

A SMALL GIFT

Twelve prompts.

| *What connects people to their writing?*

For the nights the page is open and nothing comes. There is no order to them and no need to finish. Take the one that catches your eye, and answer just that.

When you're anxious or upset by something, write it down and play with it. Poke it with statements and questions. Play out the scenarios, on paper.

You can talk about it, which helps,
but you can also write about it.

Whatever the knot is today, set it
on the page, you against it, and
work it loose.

Write down one small thing from
today, the kind that fades fast.
Words hold what a photo can't.

Ask yourself a real question here,
and dig a little deeper than you
would out loud.

The question every writer meets:
what do you want to write about
today?

Forget making yourself better at anything. What do you want to explore or question today?

Write like no one is keeping score,
because here no one is. What do
you actually want to say?

Don't wait until you feel ready.
Write one line now.

Leave the crossed-out words and the typos. What was going on around you while you wrote this?

Stop thinking about how to journal, and just write. The rest sorts itself out.

You're doing something people
have done for thousands of years.
What do you want a later reader to
know about today?